



Gate Volunteer Awards Ceremony 2018

Last month we carried out our first ever awards ceremony to show our 65 volunteers our appreciation for all their hard work and dedication. Each volunteer received a **Certificate of Appreciate** and **Length of Service Award pins**.

Darcey Rogers was also awarded the **Young Volunteer of The Year 2018**. Darcey has been volunteering with The Gate for over 3 years, providing admin support after originally enrolling to fulfil the community requirements to achieve a Duke of Edinburgh Award. Darcey will be starting Edinburgh University next month, and although it will be a great loss to The Gate, we wish her all the very best with her future studies!

We thoroughly appreciate all our volunteers hard work, regardless of the length of time they have been supporting The Gate projects, the number of hours they dedicate each week or their role within our team. Each volunteer brings their own individual worth and we could not operate our services without their valued support and commitment.



We would like to thank **BSC GLASGOW** for donating takings from their recent game to The Gate.

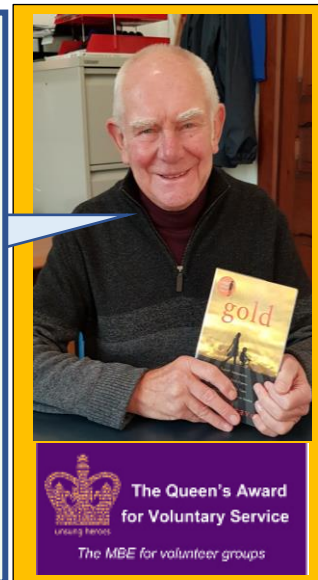
George Fraser, BSC Glasgow's General Manager said, "We wanted to give back the warm welcome we've been given by the local community by donating our admission takings to a local charity offering an array of projects all designed to help people in need".

A few words from our Bill....

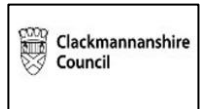
Bill has been volunteering with The Gate for almost 3 years. He is a founding member of our **Books N Blether Reading Group** and has said the following:

"I joined the club because I really enjoy reading and sharing the views with others. Each month, we select a new book and discuss our thoughts over a coffee and a cake in a light-hearted way. This month we are reading "Gold" by Chris Cleave chosen by the group. We encourage each other to read books we would probably never dream of choosing which makes for a cheery debate! Alloa library have been hugely helpful by supplying the books from a wide range of topics so we always have a great list to choose from! I would really encourage others to join the group as not only do we enjoy discussing the book, we also have a natter about absolutely everything else under the sun".

If you would like to join the group, Bill or any other member would be happy to have a chat with you. The group meets at The Gate on the first Wednesday of every month at 10.30am.



The Queen's Award for Voluntary Service
The MBE for volunteer groups



IGNITE - Supporting Young People between 11 – 17 Years of Age

Members of Ludgate Church will be operating a new project within The Gate Centre supporting young people between 11 – 17 years of age.

The purpose is to provide a **free** space for youngsters to come along to take part in games, have a snack and participate in some craft work in a supportive and welcoming environment.

Volunteers are also happy to chat & listen to the young people if they feel the need someone to talk too!

The project will operate the second Friday of every month, starting on the 12th October from 7.30 to 9pm. For further information, please call DANA on **07578055294**.

Project News

SOUP POT WINTER OPENING TIMES

As from **Thursday 1st November 2018**, our Soup Pot will be open **every Tuesday AND Thursdays, 12 – 1pm until March 2019**. Providing **FREE** food, drinks, recycled clothing & footwear, toiletry packs and small household items to vulnerable people living within Clackmannanshire.

During Quarter 3, 332 people attended our Soup Pot to access support.

Our Home Starter Pack service distributed 11 packs supporting 12 adults and 6 children throughout Q3.



Another Fun Afternoon at September's Gig at The Gate

Guests thoroughly enjoyed another afternoon of fun, dancing, singing and meeting new friends at our recent Gig at The Gate.

The next Gig will be held on Sat 12th January 2019.

We are planning to host a "Scots Themed Type" of event so get your tartan ready for an afternoon of Scottish dancing!

This Gig promises to be one to remember!

Tickets will go on sale towards the end of November 2018.

Quarter 3. Foodbank News & Statistics (Jul, Aug and Sept 2018).

Q3 Fast Facts

Meals Distributed **18342**
 People Supported **946**
 Parcels Provided **492**

We would like to say a huge thank you to everyone who supports our Foodbank by providing items of food or through cash donations. We could not operate this service without the continued support we receive from the community and we are very grateful for all types of donations no matter how large or small. *Thank You So Much!*

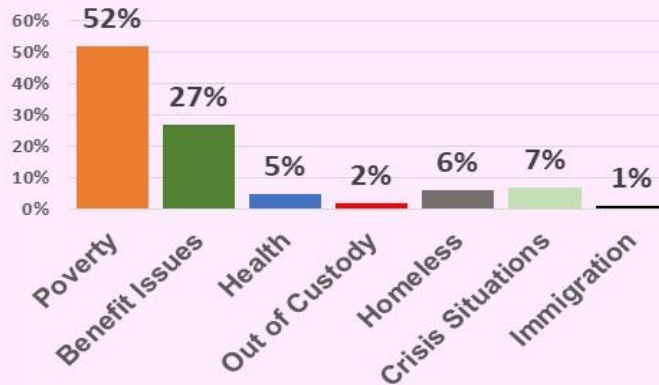
Have you thought about a Reverse Advent Calendar?



Each day, simply add an item to a box and donate the contents to our Foodbank!

Email adrienne: adrienne@the-gate-charity.org for further information.

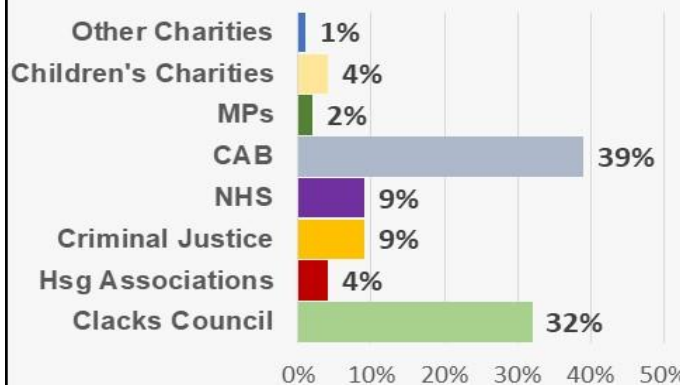
Reasons for Referrals



Stock Urgently Needed! Please Help!

Smash Potato, Jam, Meat Paste, Small Tins of Beans/Spaghetti and Meat [ham etc]. We also require tins of Tomato Soup, Fruit and Rice Pudding. Packets of Savoury Rice and Cuppa Soups [excluding Tomato], Cheesy Pasta Macaroni, Corned Beef, Coffee and Instant Custard Powder.

Referring Agencies



We are now accepting Advent Calendars to distribute to vulnerable children throughout the festive season! Calenders can be dropped off at The Gate Centre, 2 Ludgate ALLOA. Mon – Frid, anytime between 10am – 3pm. THANK YOU!!!