

## 2018 Fast Facts

### Foodbank

**80,455** Meals distributed  
**3,967** People supported  
**2,205** Parcels provided  
**144** Additional parcels provided to vulnerable families throughout the festive period

### Soup Pot

**1602** Service users supported

### Home Starter Packs

**41** Packs distributed  
 Supporting **43 adults & 31** children

### School Uniform Bank

**323** Children were provided with school uniforms and equipment  
**118** Referrals received  
**21** Schools and nurseries supported (aged 4 – 16 years)

### Community Café

**1,250** people attended our Friday Café to socialise with others

### Community Groups

**Up to 10 people** attended our Books N Bletcher reading group on a monthly basis  
**8 – 10 people** attended our weekly Knit N Natter group  
**25 – 40 people** attended three different Gig at The Gate events throughout 2018.



### Soup Pot Volunteers Enjoy a Well-Deserved Lunch Together

After serving up a 3 course Christmas meal and providing a gift and a small food parcel to over 40 services users, our Soup Pot volunteers enjoyed a Christmas lunch together. The Soup Pot service users are very grateful for all their valued and continued support throughout the year.



## Over 8 Tonnes of Food was donated to our Foodbank throughout the Festive period!

What a year we had at The Gate supporting the most vulnerable within our community. Resources were stretched to the max as demand for help soared. More people attended our Soup Pot than previous years, foodbank referrals increased significantly, and families faced increased pressure despite some parents being in paid employment to provide for their children's needs. Pressure was placed upon many parents over school holidays who were struggling with the cost of child care and food whilst trying to access suitable activities for their children to attend throughout school holidays. More people were finding themselves social isolated, sometimes due to poor weather, low income or lack of connections within their neighbourhood. We did what we could to help, alongside our wonderful volunteers and our generous community. The help and support we received made a huge difference to the services we were able to deliver.



People helped in many ways. For example, by providing:

- Cash donations
- New Underwear & toiletry packs
- Fresh & non-perishable food

New and recyclable school clothing & equipment.

And, by hosting fundraising events.



*Thank You for the Continued Support!*





## Foodbank Q4 Fast Facts

**Parcels:**  
539

**Collections:**  
489

**People Supported:**  
2659

**Deliveries:**  
50

**No of Adults Supported:**  
647

**No of Children Supported:**  
147

**Single Parcels Provided:**  
316

**Family Parcels Provided:**  
223

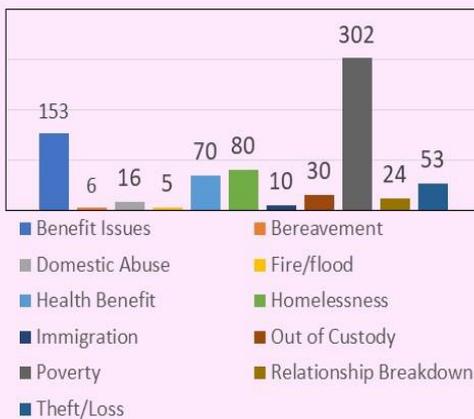
## Fresh Items may be cut from our food parcels if Council cuts go through!

People relying on our Foodbank could see a reduced offering if we lose our council funding. Our Foodbank and Soup Pot could see 10% of their funding disappear! Val Rose (Co-Founder and Trustee of The Gate) said "Part of the money that the Council provides goes towards purchasing fresh food as the community very rarely donates such items. It's really important that those who require a food parcel receive adequate nutrition. We would have to re-evaluate how we would support this need if cuts actually take place".

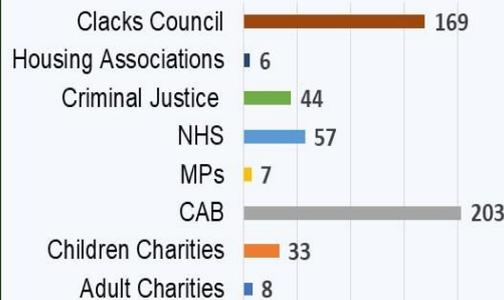
Some of the money also supports our Soup Pot and Starter Pack projects that supports a variety of people who are affected by multiple social, emotional, physical and financial issues. The proposed cuts would be chipping away at the safety net for the most vulnerable living within Clackmannanshire.

## Foodbank Statistics (Q4 Oct, Nov and Dec 2018)

### Reasons for Referrals



### Referrers



## Meals Distributed throughout Quarter 4: 21,298



### MacDonal's staff and customers give back to The Gate!

Kind hearted staff and customers at MacDonal's raised over £500 in aid of our Foodbank by holding a raffle for a Christmas hamper. Staff also "lent a hand", helping Adrienne and Gate volunteers to sort and date donations. Olesia (pictured) said, "It's great to support the local foodbank and to physically help for a change. I was really shocked at the pace food came in and out again to help people in need. I really enjoyed working with the staff and volunteers".

## Food Items Urgently Needed

Tinned Mince & Stewing Steak

Small Tins of Ham and Corned Beef

Meat Paste

Packets of Custard

Small Tubs of Custard

Jam