

Gig at The Gate

If you enjoy great music, great dancing, fantastic raffle prizes and socialising with new friends, then come along to our Gig at The Gate to be held as follows:

**Saturday 16th November 2pm – 4pm.
The Gate Centre, 2 Ludgate ALLOA**

Tickets are available at The Gate Centre NOW!!



HAPPY BIRTHDAY

We helped two of our valued volunteers to celebrate big birthdays last month. It was Jean's 80th and Janis's 70th

We enjoyed eating cake together on their special days!

CHALLENGE POVERTY WEEK



The Gate was delighted to support the Clackmannanshire Alliances Poverty and Inclusive Growth Week from 7th - 11th October 2019. At the conference summit, The Gate provided the catering, and on Wednesday the Centre hosted a Harvest Cook-In. Run by volunteers, the day was a great success with donations of fruit from the community as well as the Tullibody Community Garden. Around 20 volunteers converted apples, pears, rhubarb and plums into delicious jam, chutney and fruit crumbles. The produce will be shared through the foodbank and community café, completing the cycle back to the community.

Other events included talks to local school on the services of the Gate, and throughout the week harvest donations were received from schools and faith groups.



Starter Pack Developments

We have recently received a significant increase in referrals for Starter Packs. The packs are distributed via a strict referral system in partnership with Housing Sectors. We were a little concerned as we were starting to run low of stock to operate the project. Therefore, **we were absolutely delighted when we received £1,000 worth of goods from members of St Bernadette's Roman Catholic Society of St Vincent De Paul's congregation** to support the increased need for the project. **Asda also provided £100 worth of items too!** We could not operate this project without this type of support.

We are very grateful for the help from these organisations to support people moving from homeless accommodation into permanent tenancies.



Essential Price Increases!

For the first time in 5 years we are having to slightly raise our prices in our Community Café to cover overhead costs. Our Gate Lunch Special is still a bargain price at only **£3.25!**

You can also enjoy our delicious homebaking, tasty treats on toast and/or our daily special such as Macaroni & Cheese, Baked Potatoes or Stovies.

Serving nutritious food, at realistic prices, in a safe warm and welcoming environment.

A Takeaway Menu is also available!



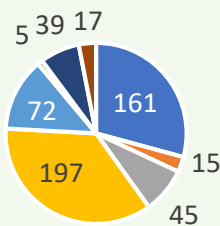


Alva Academy, Glenview Nursery and St Serfs Primary are just some of the donations we received!

We would like to say a huge thank you to all schools, churches and small businesses who carried out a Harvest collection for our Crisis Foodbank. We could not operate this project without the continued support we receive from the Clackmannanshire community. *Thank You!*

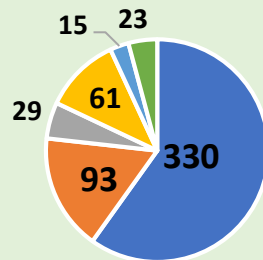
Foodbank Stats and Developments. Q3: Jul Aug & Sep 2019.

Referrals



- Clacks Council
- Criminal Justice
- NHS
- Children's Charities
- Housing Associations
- CAB
- MPs
- Adult Charities

Reasons for Referrals



- Poverty
- Health
- Custody
- Benefit Issues
- Crisis Situations
- Homeless

Parcels
 551
Collections
 527
People Supported
 1084
Deliveries
 24
No of Children Supported
 439
No of Single People Supported
 327
No of Families Supported
 224

Meals Distributed: 21,338 during Q3.

Soup Pot and Starter Pack Project Updates. Q3: Jul Aug and Sept 2019.



SOUP POT WINTER OPENING HOURS

Our Soup Pot will open twice weekly as from the week beginning the 4th November 2019. We will open every Tuesday and a Thursday from 12 – 1pm to support vulnerable people affected by poverty.

298 visited our Soup Pot throughout Q3 for support. All customers received **FREE** food, drinks, toiletries, recycled clothing and advice & information when required.

STARTER PACK
Q3: UPDATES
AND STATISTICS

21 people moving from homeless accommodation into permanent tenancies appreciated a Starter Pack from our organisation. Supporting 15 families and 6 single people.

WORKING IN
PARTNERSHIP
WITH HOUSING
SECTORS