



James & Ian enjoy making Pizzas at our new Bread Making Workshop

Last month, we were delighted to introduce a new Bread Making project in partnership with CTSI, Forth Valley Recovery Community and Riverside Bakery. Facilitator Theo Laffargue says "The idea behind the workshop series is to pilot the use of bread making as a tool for positive social change in local communities. The first phase was made in partnership with the Recovery Café group, encouraging bread making as a part of the participant's recovery process from addiction, and in the future we are hoping to expand the programme to a wider audience and to integrate it more into the community". CTSI's Business Manager Anthea Coulter says "We hope that participants will go on to teach others, bake together and possibly sell their wares in the future".

Gig at The Gate is back!

Around 30 people thoroughly enjoyed our recent Gig at The Gate for a **dance and a sing along** after we secured funding from **The Asda Foundation** to purchase musical equipment. The funding means that we can now operate the project on a quarterly basis throughout the year. We are very grateful to **Asda** for supporting the community's needs as this project specifically helps people to socialise in a safe, fun and welcoming environment.

Join us at our next Gig at The Gate Centre on Saturday 16th December from 2pm – 5pm
Entry £2.50 (Includes FREE refreshments)
TICKETS ARE LIMITED – BOOK NOW!



Well Done Fraser and Kirsty!

Last week, Fraser and his younger sister Kirsty visited The Gate Centre to donate a selection box and an advent calendar to our Charity. The children's Mum said that "During a shopping trip to the local supermarket, both children wanted to spend their weekly pocket money on Christmas treats to help a child in need". How thoughtful! Thank You!

Announcements

Community Café Updates:

We have recently added toasties or a Dish of the Day such as Stovies or Macaroni & Cheese as a weekly special to our existing menu.

Opening Hours:
Fridays 12 – 2pm FULL MENU.
Wednesdays 2pm – 4pm
Drinks & Refreshments only.

Group Places Available:

There are places available in our monthly **Books N Blether Reading Group** and our **weekly Knit N Natter / Gate Games** groups. Please Telephone 01259 218766 for further information.

Festive Opening Hours

The Gate Centre will close on Friday 22 December 2017 and reopen on Wed 3 January 2018.

Please Note: Our Foodbank will remain open for emergency referrals only!

Project News

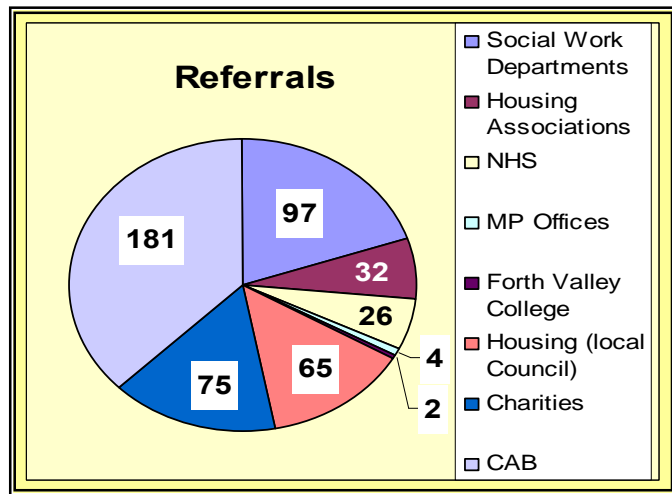
Foodbank Facts & Figures (Aug, Sept and Oct)

Statistics

- 19,810 Meals Distributed
- 493 Parcels Prepared
- 955 People Served

Supporting

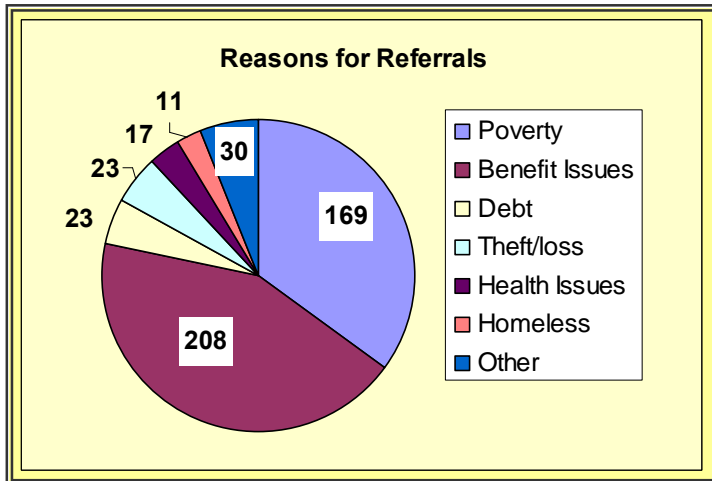
- 277 Single People
- 216 Families
- 369 Children



How can you help this Christmas?

Christmas is a time of celebration for many, as they come together with family & friends. However, for some people, the idea of Christmas causes great anxiety and distress especially for those who are on low income, affected by poverty and/or coping with benefit issues. A donation from the list below will provide those in need with a Christmas that many others enjoy.

PLEASE HELP!



Urgently Needed: Jam, Instant Potato, Packets of Custard, Rice Pudding, Tinned Meat/Fish, Beans, Spaghetti, Pasta Sauce, Tinned Veg/Fruit, Cereal, Biscuits, Squash, Noodles, Stock Cubes, Coffee, Tea and Christmas Treats for Children.

Have you thought about a Reverse Advent Calendar?



Each day add an item to the box and donate the contents to our Foodbank!



Despite the terrible snow, Andy from the Yorkshire Building Society and David, a Gate volunteer worked hard to tidy up our back hall. They transported surplus items to local charity shops to create storage space for our festive donations. We hope to be able to support vulnerable people during the winter months and around the festive period through the kind support from our community.

The Gate Charity would like to thank everyone who has supported our projects throughout 2017.

We would also like to wish our volunteers, members, customers and supporters a very Merry Christmas and a Happy New Year!