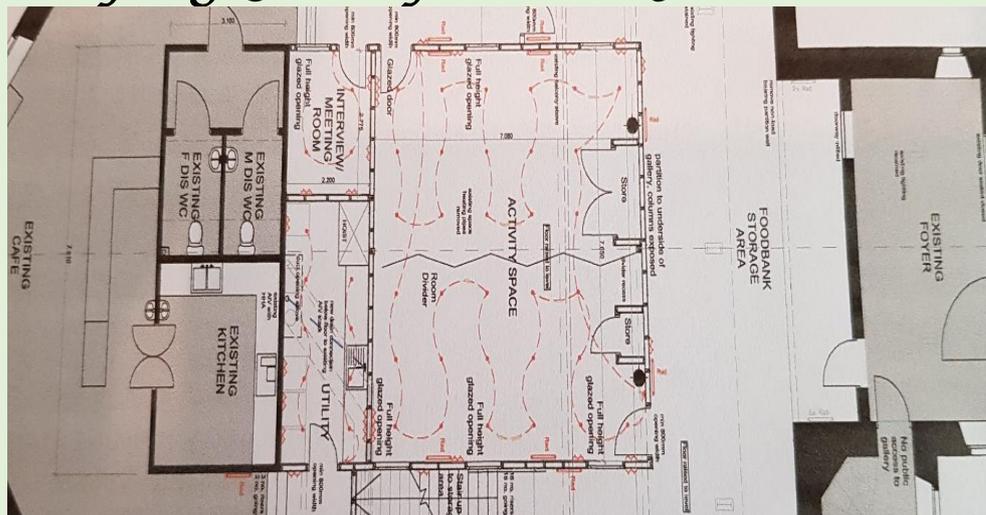


## Keeping You Informed - Future Plans



Over the last twelve months, we have put together plans to develop our premises and projects to support the most vulnerable within our community. At present, we have limited space to operate additional projects, therefore we plan to refurbish our back hall by building activity rooms and a 1:1 meeting room, as well as developing our existing project's working areas. Our Directors **Val Rose and Evelyn Paterson** have been working hard to submit funding applications to various funders. Fingers crossed we secure the funding to meet with the community's needs now and beyond into the future.

## School Uniform Bank to Return in July 2018



We are excited about the return of our **Annual School Uniform Bank** as over 300 vulnerable children are supported each year through the delivery of this project.

During the month of June and July we are urgently seeking volunteer assistance.

The sorting period starts **NOW** and the distribution Open Week will be held from:

**Monday 23<sup>rd</sup> July to Friday 27<sup>th</sup> July 2018**

We need volunteers for all sorts of tasks, including sorting, laundry, distribution, marketing and closing down the project. We are happy for you to assist for any length of time and day around your own availability. Any amount of time dedicated to supporting this project is greatly appreciated even if it is just for a couple of hours!

## Volunteer Awards Ceremony

We really appreciate all your time and care that you put in to volunteering at The Gate.

Therefore, we would like to invite you to attend an informal Awards Ceremony to be held at The Gate Centre on:

**Thursday 12 July  
4pm – 6pm**

A finger buffet tea will be provided, and each volunteer will be presented with a Certificate of Appreciation and/or a Length of Service Award pin.

Official invitations will be sent to all volunteers over the next two weeks providing further information.

## Do you like to read and meet with others?

There are 3 places available at The Gate's "Books N Blether" Reading Group.

## BOOK CLUB

The group meets once a month and mainly consists of Gate volunteers. However, *anyone* and *everyone* is welcome to join!

The group analyses their latest read over a cake and coffee before choosing another book to read over the following month.

If you are interested in joining this group, then speak with Marie.



Where are we going today Anne?

### Jackson's Journeys around the World!

Our Jackson has recently visited Poland, The Gambia, Arbroath, Spain, Corfu and is currently on his way to Miami with a volunteer.

However, Jackson loves day trips around Scotland too, especially to local places of interest. He even enjoys cosy nights in cuddling up with volunteers!

If you are doing anything a little bit different or going anywhere special or maybe celebrating a birthday, remember you can invite along our very quiet guest for a selfie!

Let's explore **Jackson's Journeys** over the year 2018 with our friendly volunteers!

### A Fun Time for All Our Volunteers

We are thinking about a "Volunteer Outing" to take place this Autumn.

### *What would you like to do?*

- Visit the Theatre
- A Day Trip Somewhere Local
- An Afternoon at The Gate
- An Evening or Afternoon Meal Out
- An Activity Day

### *When? What? Where?*

Give it some thought and let Staff know your suggestions?

### Volunteer Appreciation!

"I believe that The Gate provided me with more than just some warmth in my stomach; I was provided with warmth in my heart too".

I felt humiliated asking for support, but my dignity instantly returned as soon as I spoke with the very first volunteer at The Gate Centre. The volunteers did everything they could to make me feel at ease and to relax. They took time to listen, treated me with respect and helped me understand other services available to help me whilst I was going through difficult times. For example, volunteers provided information about the local men's group. I have contacted the organisation and have made a few new friends and I am thoroughly enjoying attending the weekly club. I also received telephone numbers and leaflets to help sort out my finances. I contacted these companies and I felt so relieved that I would not end up homeless or unwell as I was starting to feel ill with worry.

I wasn't sleeping well, I was hungry, and I was not going out as all the worrying was affecting my personality and mood, so I was not good company with friends.

I sometimes sit alone at night and wonder what would I have done without The Gate?

The staff and volunteers made me feel so welcome every time I entered their premises and I felt I was pulled up out of the darkness by their help and support.

*Service User Feedback.*